April 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10:00 Using Weights 11:00 Egg Words 1:30 Basketball 2:00 Hymn Sing 3:00 Bunny Trail Sheets 3:30 Fast Facts: Musicals <i>6:00 Travelogues: India</i>	2 10:00 Range of Motion 10:30 Sensory Screens 11:00 In the Garden Crosswords 1:30 Jokes & Toasts 2:00 Sun Catchers 3:00 Bingo 4:00 Sing Along 6:00 Cool Down with Shay	3 10:00 Tai Chi 11:00 Singing in the Rain Sheets 1:30 Tootle-Lou & Reminisce 2:00 Poems & Poets 3:00 Small Groups 3:45 This Day in History 6:00 Jen's Book Nook	4 10:00 Dance to Fitness 11:00 In2L Gardening 1:30 Penny Ante 2:00 Flower Art 3:00 Activity Tables 3:45 Scattergories 6:00 Movement with Shay	5 10:00 Lower Body <i>10:30 Spiritual Reflections</i> 11:00 Household Pictionary <i>1:30 Barbershop Quartets</i> 1:30 Axe Throwing 3:00 Musical Review 4:15 Walk with Me 6:00 Scarf Dancing	6 10:00 Morning Exercise 11:00 Truth or a Lie 1:30 ZUMBA <i>1:30 Commercial Review</i> 3:00 Volleyball 3:30 Crafting Corners 6:00 Balance Exercise
7 10:00 Upper Body 11:00 St. Dunstan's 1:30 Bottoms Up 3:00 Bowling Club 3:45 Nail Spa 4:15 Java Music 6:00 Classic Cinema	<i>8</i> 10:00 Using Weights 11:00 Shakespeare Sheets 1:30 Basketball 2:00 Hymn Sing 3:00 Card Games 3:30 Fast Facts: Musicals <i>6:00 Travelogues: India</i>	9 10:00 Range of Motion <i>10:30 Sensory Screens</i> 11:00 20 Questions 1:30 Graham Cracker Balls 2:00 Remember When 3:00 Bingo 4:00 Sing Along 6:00 Cool Down with Shay	10 10:00 Stretch and Shape 11:00 Baseball Trivia 1:30 Tootle-Lou & Reminisce 2:00 What did it cost? 3:00 Small Groups 3:45 This Day in History 6:00 Jen's Book Nook	11 10:00 Dance to Fitness 11:00 Make a Pair 1:30 ZUMBA 2:00 Horseracing 3:00 Activity Tables 3:45 Scattergories 6:00 Movement with Shay	12 10:00 Lower Body <i>10:30 Spiritual Reflections</i> 11:00 APRIL Words 1:30 Red & Yellow Perform 3:00 Musical Review 4:15 Walk with Me 6:00 Scarf Dancing	13 10:00 Morning Exercise 11:00 Did You Know? 1:30 Sports Court & Activity Tables <i>1:30 Commercial Review</i> 3:00 Volleyball 3:30 Crafting Corners 6:00 Balance Exercise
14 10:00 Upper Body 11:00 St. Dunstan's 1:30 Bottoms Up 3:00 Bowling Club 3:45 Nail Spa 4:15 Java Music 6:00 Classic Cinema	15 10:00 Using Weights 11:00 DIY Poem 1:30 Basketball 2:00 Hymn Sing 3:00 Gardening with Jen 3:30 Fast Facts: Golf & Greens 6:00 Travelogues: Scotland	16 10:00 Range of Motion <i>10:30 Sensory Screens</i> 11:00 Quirkle 1:30 Soupeaters Perform 2:00 Don't Let it Drop 3:00 Bingo 4:00 Sing Along 6:00 Cool Down with Shay	17 10:00 Tai Chi 11:00 Word Puzzles 1:30 Tootle-Lou & Reminisce 2:00 Scattergories 3:00 Small Groups 3:45 This Day in History 6:00 Jen's Book Nook	18 10:00 Dance to Fitness 11:00 Mind Joggers 1:30 Swat It! 2:00 In2L Pub Trivia 3:00 Activity Tables 3:45 Scattergories 5:00 Support Group 6:00 Movement with Shay	19 10:00 Lower Body <i>10:30 Spiritual Reflections</i> 11:00 Fill In the Blank 1:30 Name that Recipe 3:00 Musical Review 4:15 Walk with Me 6:00 Scarf Dancing	20 10:00 Morning Exercise 11:00 Fast Facts 1:30 ZUMBA 1:30 Commercial Review 3:00 Volleyball 3:30 Crafting Corners 6:00 Balance Exercise
21 10:00 Upper Body 11:00 St. Dunstan's 1:30 Bottoms Up 3:00 Bowling Club 3:45 Nail Spa 4:15 Java Music 6:00 Classic Cinema	22 10:00 Using Weights 11:00 Door Hangers 1:30 Basketball 2:00 Hymn Sing 3:00 Minute to Win It 3:30 Fast Facts: Paul Revere 6:00 Travelogues: New England	23 10:00 Range of Motion <i>10:30 Sensory Screens</i> 11:00 Short Stories 1:30 Bird's Nests 2:00 Rhyme Time 3:00 Bingo 4:00 Sing Along 6:00 Cool Down with Shay	24 10:00 Stretch and Shape 11:00 NOTE Words 1:30 Tootle-Lou & Reminisce 2:00 Paint with Me 3:00 Small Groups 3:45 This Day in History 6:00 Jen's Book Nook	25 10:00 Dance to Fitness 11:00 Predict the Roll 1:30 ZUMBA 2:00 Left, Right, Center 3:00 Activity Tables 3:45 Scattergories 5:00 Meet Shannon 6:00 Movement with Shay	26 10:00 Lower Body <i>10:30 Spiritual Reflections</i> 11:00 Famous Faces 1:30 Mary Morse Performs 3:00 Musical Review 4:15 Walk with Me 6:00 Scarf Dancing	27 10:00 Morning Exercise 11:00 It's Trivial 1:30 Sports Court & Activity Tables <i>1:30 Commercial Review</i> 3:00 Volleyball 3:30 Crafting Corners 6:00 Balance Exercise
28 10:00 Upper Body 11:00 St. Dunstan's 1:30 Bottoms Up 3:00 Bowling Club 3:45 Nail Spa 4:15 Java Music 6:00 Classic Cinema	29 10:00 Using Weights 11:00 Watercolors 1:30 Basketball 2:00 Hymn Sing 3:00 Card Games 3:30 Fast Facts: Gardening 6:00 Travelogues: National Parks	30 10:00 Range of Motion <i>10:30 Sensory Screens</i> 11:00 Word Ladder 1:30 Big Band Favorites 2:00 Putting 3:00 Bingo 4:00 Sing Along 6:00 Cool Down with Shay	31 10:00 Tai Chi 11:00 Proverbs 1:30 Tootle-Lou & Reminisce 2:00 Volleyball 3:00 Small Groups 3:45 This Day in History 6:00 Jen's Book Nook		Dining Breakfast 9:00 A.M. Morning Break 10:30 A.M. Lunch 12:00 P.M. Afternoon Break 2:30 P.M. Dinner 5:00 P.M. Evening Refreshments 7:00 P.M.	Program Locations: If unmarked, Town Square (TS) CR Conference Room CM Community OT Outing C - Clare Neighborhood B - Bridge Neighborhood LR Living Rooms CK Country Kitchen Italics is an IN2L program

BUCKINGHAM HEIGHTS «

MEMORY CARE