

Always Available Menu

Sides

Seasonal Fruit & Cottage Cheese

Garden Salad

Sandwiches

Roasted Turkey Breast Sandwich

Shaved slow roasted turkey breast layered with leaf lettuce and fresh tomato served on wheat bread

Roasted Salmon or Fried Cod Sandwich

Oven roasted salmon or battered fried cod on a toasted bun served with lettuce, tomato, and onion with fries or onion rings

All American Grilled Cheese Sandwich

An American classic - American cheese grilled on wheat bread

Entrees

Hot Dog

Turkey hot dog served on a soft white roll with fries or onion rings

Herbed Baked Chicken

Shaved slow roasted turkey breast layered with leaf lettuce and fresh tomato served on wheat bread

Choice of Salmon, Flounder, or Tilapia

Served with the sides of the day or steamed broccoli with fries or onion rings

1/4lb. Burger on Wheat Roll

1/4 lb. black bean, turkey or beef burger seared to order served with lettuce, tomato, and onion on a wheat roll with fresh fruit, fries, or onion rings

All menu items have been dietician approved



BUCKINGHAM HEIGHTS LLC

MEMORY CARE